

## Logistics and Costs

Total: \$ 1,815 (ground cost plus registration fee).  
Roundtrip international airfare is not included.  
Program fee covers all lodging and meals in country, all transportation within the country (including national air travel), medical insurance with medical evacuation, English-Khmer speaking guides, cultural activities, and tourist fees.

## Follow Up

We hope that this immersion experience will touch your heart and that the connections you make with MKLM missionaries and the Cambodian people will last a lifetime. We offer opportunities for follow-up reflection, continued growth and action in global solidarity – and for spiritual discernment and discovery of God's call to mission and service.

**Make sure your passport is valid through February 2020!**

Roundtrip airfare is not included. Airfare cost from New York is approximately \$ 900.

**Sign Up Now**

**Deadline: May 10, 2019**

**Contact Us Today!**

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*Friends Across Borders* is a program of  
Maryknoll Lay Missioners.

**To make a reservation,** please request a registration form by e-mailing or calling (see contact information on back cover).

Submit it to *Friends Across Borders* with a copy of your passport and your \$250 deposit.

**We look forward to welcoming you to Cambodia!**



**CAMBODIA**  
*South-East Asia*  
*Immersion*  
August 10 – 20, 2019



**maryknoll lay**  
**missioners**





*Deepen  
Your  
Faith!*

**M**aryknoll Lay Missioners (MKLM) with these words of greeting of the Cambodian people welcome you to the ancient culture of Cambodia - its natural wonders, its people and history.

Cambodia is best known for the Angkorian temple complex, and for the genocidal regime of the Khmer Rouge. Sharing borders with Thailand, Vietnam and Laos, Cambodia conjures up images of an ancient glorious past and a rich cultural heritage. Angkor Wat, built between the 9th and 13th centuries by Khmer kings, is a UN heritage site and one of the world's most renowned ancient temple cities, drawing hordes of tourists from around the world.

Cambodia is an agricultural country; 80% of the population lives in small towns and villages. The people are burdened with the legacy of decades of conflict, and are

## Spiritual Journey

We invite you to experience a spiritual journey into compassion and an immersion into the lives, culture, faith and history of Cambodians. This is an extraordinary invitation to you to witness mission work that responds to basic needs and helps to create a more just and compassionate world.

*soak soabp buy chee uh tay? - Are you well and happy?*

## Preparation

Prior to leaving, Friends Across Borders will provide an orientation which will include cross-cultural education and important cultural norms to follow during the trip.

still struggling to recover from more than 30 years of war and unrest, including the devastation resulting from the Vietnam War and the brutal Khmer Rouge regime that followed.

Maryknoll Lay Missioners, as well as members of the broader Maryknoll Community in Cambodia, will be our hosts on this exciting trip. Since 1989, the Maryknoll community has worked with Cambodians in ministries related to health care, social services and education.



## What We Will Do There

The trip will focus on the following activities:

1. Get to know the Maryknoll Lay Missioners through interactive experiences at our ministry sites. Current ministry programs focus on Land Rights/Migration, Physical Disability, HIV/AIDs, Gender and Sexuality, Community Development and Higher Education .
2. Visit the Toul Sleng Genocidal Museum and the Choeung Eik Killing Field Memorial.
3. Learn about Buddhism and Meditation at Wat Langka.
4. Discover the temples at Angkor Wat, a UNESCO World Heritage site and one of the great archeological sites of the world.
5. Enjoy events where traditional food, music and dances will be presented.
6. Participate in daily reflections on the work of the Maryknoll community and contemporary issues in Cambodia.
7. Enjoy Liturgy, Wednesday evening meals and a complimentary sunset boat ride on the Mekong River with members of the Cambodia Mission Team.

*Expand  
Your  
Horizons!*